

# 2021 MONROE COUNTY COMMUNITY HEALTH ASSESSMENT

## AND 2022 THINK TANK SUMMARIES



Scan to view  
Community  
Health  
Assessment

A **community health assessment** identifies key health issues and assets through systematic, comprehensive data collection and analysis to allow stakeholders to develop strategies to meet the community's health needs.

### STEP 1 PLANNING

IU Health Bloomington Hospital, Monroe County Health Department, City of Bloomington Parks and Recreation Dept., Community Voices for Health Monroe County and HealthNet began meeting to plan the next CHA/CHIP process.



### STEP 2 THE COMMUNITY SURVEY

The survey was updated from previous assessments, with added questions related to COVID-19. It was available online as well as shared via social media, websites, resident and coalition email lists, local news media, and at the Monroe County Health Department and IU Health COVID-19 Vaccine Clinics. The survey covered a range of topics such as health, quality of life, access to healthcare, health insurance, health behaviors, views on personal and community health, and what the respondent perceived to be the most important challenges for the community.

#### IMPORTANT TO PERSONAL HEALTH

1. Walking & Bike Trails/Outdoor Recreation
2. Quick Access to Primary Care
3. Physical Activity Programs
4. Mental Health Counseling
5. Aging & Older Adult Programs

#### IMPORTANT TO OTHERS' HEALTH

1. Mental Health Counseling & Support Groups
2. Substance Use Prevention & Treatment
3. Services for Women, Infant, Child
4. Food Pantries
5. Assistance with Finding Housing

#### TOP 5 HEALTH ISSUES FOR THE COMMUNITY



Mental Health



Affordable Housing



Homelessness



Substance Use Disorder



Poverty

### STEP 3 COMMUNITY FOCUS GROUPS

7 virtual Focus Groups were held in April and May of 2021 to gather information from community members regarding what they perceived as the greatest health needs facing Monroe County. Discussion groups, interviews and 10 deliberative sessions were also held to give researchers an opportunity to hear from multiple viewpoints and ask clarifying questions to gain a broader understanding of community needs.



#### TOP 10 NEEDS SELECTED BY FOCUS GROUP PARTICIPANTS











1. Mental Health
2. Healthcare Access
3. Affordable Housing
4. Income & Inequality
5. Race Disparities
6. Public Health Funding
7. Substance Abuse
8. Homelessness
9. Nutritious Affordable Food
10. Senior Health Focus/Geriatrics

## STEPS 4 AND 5

### DATA COLLECTION & ANALYSIS

Researchers looked at existing sets of data to identify how Monroe County ranked in terms of health, health behaviors, and other demographic information. Results of the survey, focus/discussion groups, deliberative sessions, and secondary data were assessed and analyzed to determine areas of community needs and opportunities.

#### TOP 10 NEEDS SELECTED BY DATA ANALYSIS


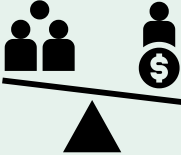

 Access to Care	 Mental Health	 Substance Use	 Chronic Disease, Preventative Care & Education	 Poverty, Navigating Social Services
 Lack of Affordable Housing, Housing Insecurity, Homelessness	 Inequity, Discrimination, & Bias	 Services for an Aging Population	 Healthy Food Access	 Transportation Access

## STEP 6

### THE THINK TANKS - 4/27/22 & 4/30/22

The public health partners invited community residents and organization members to two Think Tanks to learn about and analyze the collected community health data in order to help select priorities for the next community health improvement plan (CHIP). After data presentations and discussions, participants were led through a voting process to prioritize community needs.

#### SELECTED CHIP COMMUNITY PRIORITIES

Poverty, and Navigating Health & Social Services 	Inequity, Discrimination & Bias 	Substance Use & Mental Health 
---	--	--

*Affordable Housing was also identified as a top need at the Think Tank. Those interested in working in this area can contact the United Way of Monroe County and the Community Foundation of Bloomington and Monroe County, who are leading "Heading Home 2021: A Regional Plan for Making Homelessness Rare, Brief and Non-Repeating".*

## NEXT STEPS

WATCH FOR ANNOUNCEMENT OF FIRST CHIP GROUP MEETINGS IN NEXT MONTH. STAY TUNED!

